

# Paper Submission Guidelines

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**Regional Studies** is the quarterly journal of the Institute of Regional Studies (IRS) Islamabad. The journal is aimed at dissemination of research on Pakistan and its region. The countries that fall within the purview of our study are: Bangladesh, Bhutan, India, Maldives, Nepal, and Sri Lanka in South Asia; Afghanistan, Iran, and the Gulf States in Southwest Asia; and the five republics of Central Asia, besides China and the US. The research covers a wide spectrum, including: foreign and internal affairs, economy and industry, science and technology, socio-cultural aspects, and security related issues.

**Please Note:**

- Research papers submitted to us should be between 7,000 and 10,000 words including end notes (in Chicago Manual format).
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